



NYS Apples

April

2025 K-5



Breakfast

Low-Port
IEC&PEC



Monday	Tuesday	Wednesday	Thursday	Friday
	1 FRENCH TOAST STIX W/SYRUP	2 PEACH SMOOTHIE	3 MUFFIN W/ 4OZ YOGURT CUP	4 MINI BLUEBERRY WAFFLES
	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
7 CINNI-MINI	8 CHERRY FRUDEL	9 STRAWBERRY SMOOTHIE	10 MUFFIN W/ 4OZ. YOGURT CUP	11 MINI MAPLE WAFFLES
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
14	15	16	17	18
	<h2>Spring Break!!</h2>			
21	22 SPRING BREAK	23 RECESS	24 RECESS	25 RECESS
28 CINNI-MINI	29 APPLE FRUDEL	30 National Tye-Dye Day PEACH SMOOTHIE		
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy,
please contact the food service office @
(716)286-7288

Student \$1.85
Adult \$3.25